



Rule Book

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ROBL RULE BOOK

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4.0 BASKETBALL RULES

4.1 Rule Interpretation - All interpretations of the rules of play will be the responsibility of the official in charge. This official will inform both Head Coaches of the ground rules prior to the start of the game. The rules are official H.S. Federation rules of basketball of the current year and modified by ROBL in this document. ROBL modification prevails where there is a conflict.

4.1.1 Rule Changes/Exceptions - These rules are designed to reflect the general attitudes that prevail within ROBL. However, exceptions do arise that must be addressed. If, during the course of the season, the need arises for rule modification that is beneficial to the league, the League President will document the proposed changes in writing and submit them to the Sport Commissioner. The Sport Commissioner must gain Board approval prior to enacting any rule change. League Presidents do not have the authority to change rules stated in this manual without proper authorization as described above.

4.2 Pregame Information

4.2.1 Score keeping - ROBL will provide two individuals to act as official scorekeeper and scoreboard operator. The scorekeeper will be responsible for keeping a record of playing time for each player in the first three quarters. The timekeeper will be responsible for the official game time and will notify the referee and each coach of the midway point of the third quarter so that player substitution can be made. All substitutes will report to the official scorekeeper before entering the game. Official scorekeeper and scoreboard operator should not instruct team members and remain neutral during play.

4.2.2 Equipment - Players may wear the normal protective-type basketball equipment provided that it cannot cause injury to other players. **NO JEWELRY OF ANY KIND WILL BE ALLOWED**, such as earrings, necklaces, watches, bracelets, rings, etc. Soft protective shoes must be worn in all gyms. No long pants will be allowed. No casts will be allowed.

All players must be in full uniform. All players must wear the jerseys issued by ROBL to be eligible to play. All jerseys must be tucked in. Only the numbers 0 - 5 or a combination of any two of those numbers are allowed. No two (2) players may have the same number.

The home team will be designated on the schedule or will be determined as the higher seeded team during playoffs/ tournament. The home team will wear white jerseys and the visiting team will wear colored jerseys. The home team will sit to the right of the scorer's table unless otherwise designated in the gym and will warm up prior to the game on the opposite end of the court.

All shorts must be worn at the waist and not at the hips. Slider pants will be allowed provided they match one of the two colors in the jersey. However, all players wearing sliders must wear the same color.

Junior sized basketballs (27.5) will be used in Kindergarten-1st grade coed division. Intermediate sized basketballs (28.5) will be used for 2nd-3rd & 4th-5th grade boys and girls divisions as well as 6th grade girls. Official size basketballs (29.5) will be used in the 6th grade boy's leagues. Only ROBL issued game balls will be used. ROBL issued game ball will be provided by ROBL at the time of game. Kindergarten-1st will use 8-foot basketball goals. 2nd-3rd grade divisions will play on 9 foot goals & 4th-5th & 6th Grade will use standard, 10-foot basketball goals.

4.2.3 Officials - Officials are provided for all league games. Do not make remarks to the officials during the course of a game. Talk to the scorer only to elicit pertinent information. An official's decision, based on "judgment", is final! It cannot be reversed or appealed. You should talk to an official only when you need clarification of a particular call or decision.

If disruptive behavior is exhibited by the coaches, players or fans and it interferes with the game, the official may issue one warning or a technical foul, unless the official determines the conduct so outrageous as to not justify a warning or technical foul. If the disruptive behavior continues, the game will be forfeited by the team whose coaches, players or fans caused the disruption.

4.2.4 Pre-Game Sign Up - The complete team roster will be given to the official scorekeeper prior to each game. At least 5 minutes before scheduled game time each team will supply the scorekeeper with the name and number of each squad member who may participate. At least 3 minutes before scheduled starting time of game and before the start of 2nd half, each team will designate to the scorekeeper its starting team. The scorekeeper will mark in the score book which players are absent and the coach will advise the scorekeeper of any playing restrictions to any of his (her) players for disciplinary reasons which will be marked in the scorebook. A coach's failure to comply with these rules may result in the game being counted as a forfeit.

4.2.5 Minimum Number of Players. – Games can start with a minimum of 4 players and there must be at least 4 eligible players on the court for the entire game. If a team falls below the 4 eligible players, the game will be considered a forfeit at that point. If a 5th player arrives after the tip-off, they will need to be added to the official scorebook upon arrival. The referees and opposing coach will be notified of the player addition and the player may then enter the game on the next dead ball. Any subsequent arrivals may enter the game at the next quarter.

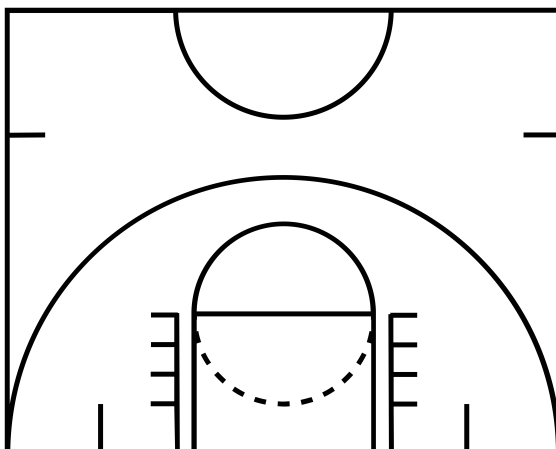
4.2.6 Warm Up Time - A team is assured of no less than 5 minutes warm up time prior to the start of their game. The game will be started late in order to assure

the team this minimum warm up time. It will not be started early under any circumstances. This is for the benefit of parents and other spectators who wish to see the entire game. Coaches are responsible for the conduct of their team during the waiting period while another game is in progress. This includes the containment of all loose balls. Balls are not to be bounced on the sideline during a game.

4.2.7 Other Games - No other games may be played under ROBL sponsorship except those specifically identified in this book (i.e., scrimmage, preseason, league and playoff/tournament. Teams are allowed to play in tournaments during weekends when there are no scheduled ROBL games (holiday break).

4.3.1 Free Throw Distance

Kinder-1st	10 Feet
2nd-3rd	12 Feet
4th-5th	12 Feet
6th	15 Feet



For All Grades:

Free throw lineup for both offense and defense: HS Federation rules apply.

4.3.3 Time Outs - Two (2) time outs per half per team per game will be allowed. Time outs will be 1 minute in duration. One minute of rest will be allowed between quarters and a 5-minute rest will be allowed between halves. One time out will be allowed in each overtime period. Unused time outs from regulation play may not be carried over to overtime periods.

In case of injury H.S. Federation rules will be followed. Time out will be taken when the official feels the injury is serious or when there is danger of further injury. Under other circumstances the official may elect to wait until a dead ball to call a time out. For example: A minor injury occurs on a rebound. The opposing team moves down court on a fast break. The official sees the injured

player as a basket is about to be scored. He may elect to let play continue until the basket is scored or until the ball is dead. However, officials will be instructed to call time out in marginal situations. If a coach feels a time out is necessary when it has not been called by an official he may have a call a time out when his team is in possession of the ball.

4.3.4 Defensive Rules – Defense will be at the discretion of the coaches, but some restrictions apply. Grade specific rules are under section 4.4.

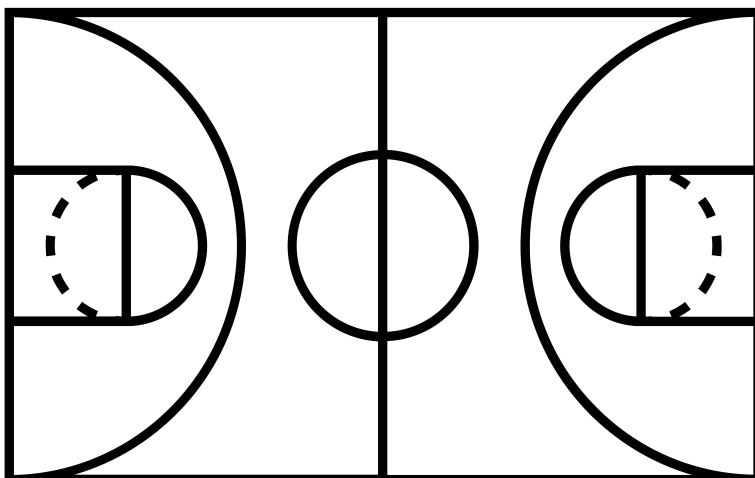
4.3.5 Full Court Press - The full court press is prohibited in the K-1st & 2nd-3rd grade age divisions. 4th-5th grade divisions will only be allowed to press the last two minutes of the 1st and 2nd half. 6th grade divisions may press the entire game. Violation of this rule will result in a warning and then a technical foul when called by an official. *There will be NO FULL COURT PRESS ALLOWED AFTER A 20-POINT LEAD BY THE PREVAILING TEAM IN ANY ROBL LEAGUE UNTIL THE MARGIN DROPS BELOW 20 POINTS.* In the spirit of sportsmanship, All age divisions other than 6th grade, the defense must not extend past the top of the key after a 20-point lead by the prevailing team. 6th grade divisions, defense must not extend past the volleyball line after a 20-point lead.

Full Court Press Summary

*Kindergarten-3rd Grade- No press allowed at anytime

*4th-5th Grade- Press allowed the last 2 minutes of the 2nd quarter & 4th Quarter

* 6th Grade- Press allowed all game



4.3.6 Official Clock - Games will consist of 4 quarters of play with the time clock running continuously. The time clock will be stopped for time outs throughout the game and in the last two minutes of the 1st and 2nd halves. If the score differential is 20 points or greater the clock will not stop in the last two minutes of each half. **-All age divisions will play 4 quarters at 8 minutes per quarter. *For K-1st grade, the clock will run continuously the entire game. No stoppage outside timeouts.**

4.3.7 Overtime Play - If the score is tied at the end of the regulation play, a one minute rest period will follow and an overtime period will commence. The duration of this overtime period is **2 minutes.** During the first minute of overtime, the time clock will run continuously except for time outs. For regular season games only, if the score is again tied at the end of this period, this procedure will be repeated once more. If the game is still tied after the second overtime, the game will result in a tie. *Tournament games will repeat this procedure until a winner is determined.*

4.3.8 Fouls - Officials will explain the cause of a foul to the offending team if the foul is not of the obvious kind or if the team captain of either team requests an explanation. An explanation at this time will help prevent similar fouls from repeating. A head coach can request an explanation of a foul by requesting the timekeeper to call a time out and charge it to his team. The official will meet with both coaches at the scorer's table and will clarify the call. There will be no discussion allowed if the official feels there is no room for discussion.

4.3.9 Minimum Player Participation-Every eligible player shall play a minimum of two (2) quarters per game and must play in both halves of the game. The only exception to this rule shall be illness, disciplinary action, or injury.

- If a player is to sit out due to discipline, the disciplinary action must be announced to the opposing coach and all officials prior to the game or at the time of the incident during the game.
- If an injury occurs that requires a player to be removed from the game, that player should re-enter the game as soon as he/she is capable.
- There will be NO designated time during the game where a coach is REQUIRED to substitute. However the buzzer will sound with 4 minutes in the 3rd quarter as a reminder to the coach to substitute if they have not met the minimum requirement under section 4.3.9.

Any failure of a coach to abide by the minimum player participation standards will be brought to the attention of the official in charge by the coaches, the timekeeper or the scorekeeper at the time the violation occurs. If a violation is detected while the game is in progress, the official shall assess a technical foul, charge the offending team with a timeout and instruct the violating coach to make the necessary changes to bring him (her) into compliance immediately. Violations shall be brought to the attention of the League President by the coach of the non-offending team. If a coach violates the minimum player participation standards, he (she) may be subject to disciplinary action, including suspension from coaching in one or more future games. The principles and ideals of ROBL are not served by the forfeiture of a game. Coaches, officials and league representatives should seek to avoid such an occurrence.

4.3.10 Substitution Rules K-1st, 2nd-3rd- Substitutions will only be allowed at the designated 4 minute mark of each quarter.

4th-5th & 6th grade Substitution Rules: There will be no designated time for substitutions. Coaches may choose to sub at any appropriate time during the game. Players are still required to play a minimum of 2 quarters or 16 minutes!!!

4.4.1 Kinder-1st Grade Division

Defensive Rules:

- **Man to Man Defense or Zone is allowed. No double teams will be allowed outside the lane.**
- **No defense in the backcourt. The defense may not start playing defense on any offensive player until the ball has crossed the “throw in line” immediately past half court. In gyms where the “volleyball line” is not in place, the officials and coaches will agree upon an imaginary line approximately 6 feet inside the half court line during the pre-game meeting.**
- **If there is a 20 or more point lead the defense cannot pick up until the ball enters the three point line.**
- **There is no stealing the ball while the offensive player has possession of the ball. The ball may only be stolen off a passing attempt or loose ball.**
- **Traveling and Double dribble will be determined by the following: 5 or more consecutive steps without a dribble will be a traveling violation. 3 or more consecutive double dribbles by a player in the same possession will be called a violation by the referee.**

Shot blocking is allowed in kindergarten and up. Shot blocking does not consist of taking the ball from the hands of a player in possession of the ball. A shot block is tipping or batting an attempt for a field goal.

Substitution rules will be followed per rule 4.3.9 and 4.3.10

Score may be kept in all games, but the score differential shown on the scoreboard cannot become greater than 25 points. If the score differential becomes greater than 25 points leave the scoreboard showing a 25-point differential and do not make further updates to the score shown on the scoreboard. The score at this point of the game becomes final and official but game-play continues with a running clock.

4.4.2 2nd-3rd Grade Divisions

Defensive Rules:

-Initial defensive pressure is not allowed until the ball crosses the “volleyball line” immediately past half court. In gyms where the “volleyball line” is not in place, the officials and coaches will agree upon an imaginary line approximately 6 feet inside the half court line during the pre-game meeting. If the lead is 20 or more the defense cannot pick up until the ball enters the key or three point line.

-Double Teams are only allowed inside the three point line. No double teams or half court traps in the back court.

-Full-court defensive pressure will not be allowed at any point in the game.

4.4.3 4th-5th Grade Divisions

Defensive Rules: Initial defensive pressure is allowed to pick up at half court. If the lead is 20 or more the defense cannot pick up until the ball enters the three point line.

-Full court defensive pressure will be allowed in the last 2 minutes of each half unless up by 20 or more.

4.4.4 6th Grade Defensive Rules:

H.S Federation rules of basketball apply except for the following:

- If up by 20 or more no full court press is allowed.**
- Half court traps are allowed unless up by 20 points or more.**
- If up by 20 or more the team that is up cannot pick up on defense until the ball reaches the volleyball line.**

Frequently Asked Questions- Age Divisions

Boys/Girls Division	Ball Size	Goal Height	Defense	Double Teaming Allowed	Game Length	Free Throw Distance	Lane Violation
K-1st	27.5	8 Feet	Man on Man Defense or Zone, No Full Court Press, Pickup at "volleyball line", no stealing from ball handler, no double teaming outside the lane	Not outside the lane	8 Minute Quarters, Running Clock	10 Feet	No Lane Violations
2nd-3rd Grade	28.5	9 Feet	Man to man or Zone is allowed. Pickup at "volleyball line", double teaming allowed inside 3-point line only	Inside 3 point arc only	8 Minute Quarters	12 Feet	5 Seconds,
4th-5th Grade	28.5	10 Foot	Man or Zone, Full Court Press last 2 Min of each Half, Pickup at "volleyball line", double teams and half court trap allowed	yes	8 Minute Quarters	12 Feet	5 Seconds
6th Grades	Boys 29.5 Girls 28.5	10 Foot	Man or Zone, Full Court Press Allowed	Yes	8 Minute Quarters	15 Feet	3 Seconds